Breast Enlargement Pump | Must Grow Bust

What are breast enlargement pumps?

Breast enlargement pumps are a great natural breast enhancement option for women or men who are averse to taking pills or undergoing surgery. These pumps are fairly simple to use, don't take up much space, and have the added benefits of zero side effects, which is something that breast enhancement pills cannot promise.

Also, if you are the kind of person who has difficulty remembering to take pills daily (most of us!), the breast enlargement pump is great since you can technically skip a day without "missing out" on necessary hormones for growth.

There are various breast enhancement pumps but so far, we only recommend a few. Read on to see why.

How do breast enlargement pumps work?

Breast enlargement pumps operate through a process called tissue expansion: By applying a gentle suction to the breast tissue, you are able to promote blood flow and tissue growth. This causes stretching of the skin and tissue and as a direct result of that, new tissue grows and breast size increases. The breast enlargement pump expands the mammary gland tissue to increase the production of new breast tissue cells.

During the first two months or so, your breasts will swell and expand while and after you wear the breast enlargement pump, but then appear to shrink back in a few hours. That is mainly because this is the first stage of growth: when you skin and tissues are being stretched. With a few more weeks, the breasts will begin growing new tissue and the swelling you observe from using the breast enlargement pump should stay.

What you need to know before buying a breast enlargement pump

Pumps require motivation, and very often, dedication. It's not as simple as taking a pill or two, but it is a very effective way to increase your breast size externally. For maximum breast enhancement results, it would be best to take a breast enhancement pill internally and use a breast enlargement cream externally.

For breast pumps to result in natural and long-term breast enhancement, they should be used continuously for an extended period of time. Yes, this means perferably everyday.

When choosing your breast enlargement pump, be realistic in deciding how much time you can commit to pumping. This may be the difference between you choosing to go with an electric breast pump like Brava Breast System, which is designed to be worn for around 12 hours a day (preferably while sleeping), or a hand-operated breast pump like the Noogleberry System, which comes with a manual hand pump which can exert a greater amount of vacuum force in a shorter period of time.

Have more questions? Check out our FAQs on breast enlargement pumps!

Tips on using breast enlargement pumps

- Before you rush out to buy a breast enlargement pump, make sure that you can dedicate at least 3 – 4 months to continuous usage. As mentioned above, the first few weeks of using a breast enlargement pump only stretches the skin and the tissue. Because of this reason – it is NOT a good idea to stop pumping after just a few weeks. Make sure you can stick through it.

- A word of warning: Breast enlargement pumps that are not well-made can tear important breast tissue and vessels. For this reason, we currently only recommend a few breast enlargement pumps. Please don't rush off and buy the first pump you see online – read our reviews to go over the pros and cons of the best breast enlargement pumps and then make your decision.
- If you're using a hand pump like Noogleberry – you might be tempted to apply a lot of pressure to induce faster breast growth. Don't do that. Getting trigger happy with these hand pumps will do you more harm than good. They do allow you to apply as much pressure as you want but control thyself! It's more important to keep the pressure gentle and constant.
- Again, when using hand pumps – never, ever apply so much suction pressure that your breasts turn purple. This is really bad for your breasts and harmful in the long run 'cause it can actually damage your breast tissue. If your breasts are turning a purple color, this means you are applying too much pressure.

What is the best breast enlargement pump?

There are many breast enlargement pumps out on the market, but most are ineffective and even potentially harmful. Badly-designed breast enlargement pumps can do more damage than good by tearing important breast tissues and vessels.

This is why we only recommend a few of the on the market today. Here's a roundup of the most recommended ones with basic info but **you can find more in-depth reviews on the best breast enlargement pumps here!**

Bosom Beauty

Type: Electric breast pump

Length of time to see results: At least 4 to 8 weeks, using at least 30 minutes each day.

How much you can grow: Approximately 1 to 2 cup sizes of permanent growth

Price: $100 – $250

Read our full review of the Bosom Beauty System to find out all its pros and cons and if it's right for you!

Brava Breast Enhancement System

Type: Electric breast pump

Length of time to see results: At least 10 weeks for a minimum of 10 hours per day

How much you can grow: An increase of 1/2 to 2-cup sizes of lasting growth

Price: Varies in the $900 to $2,000 range depending on where in the world you are

Read our full review of BRAVA Breast Enhancement System to find out all its pros and cons and if it's right for you!

Noogleberry Breast Enlargement Pump

Type: Manual breast pump

Length of time to see results: Depends on amount of pressure and length and frequency of time applied. Generally, you'll start seeing results in 12 weeks.

How much you can grow: Most users see around a 1 to 2 cup size increase

Price: Around **$80**

Read our full review of Noogleberry Breast Enlargement Pump to find out all its pros and cons and if it's right for you!

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